

SOUTHERN CALIFORNIA JURISDICTION ROYAL ROSE
PLEASE TYPE OR PRINT NEATLY



ROYAL ROSE SWEETHEART AWARD

Name in Full _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-Mail _____

Chapter _____ League _____

I hereby certify on my honor, as a DeMolay Supporter, that the facts given in this form and accompanying documents presented by me are true and accurate, and that all statements given by others attached to this record are, to the best of my knowledge, true and accurate. If granted this distinction, I furthermore pledge on my honor as a DeMolay Supporter that: (1) to the best of my ability I will continue to put the ideals of DeMolay into practice in my daily life; (2) each year hereafter I will endeavor to help at least one DeMolay Supporter to qualify as a Royal Rose; and (3) should I feel that I have proven myself unworthy of this honor on my own initiative I will voluntarily return the insignia of this distinction to the Executive Officer for Southern California DeMolay.

Signature of Applicant _____ Date _____

The Advisory Council hereby approves and submits this record on behalf of this chapter for consideration and recommends this DeMolay Supporter as one who would, in all respects, reflect credit upon the Order as a Royal Rose if her qualifications, as set forth herein, should be deemed sufficient to merit that distinction. This applicant has filled out this form to indicate that she is a well rounded individual and should be considered a Royal Rose of DeMolay in the Chapter.

Signed _____ Signed _____
Advisory Council Chairman or Sweetheart Advisor Chapter Advisor

Print name _____ Print name _____

If granted, send regalia to (Advisor name and address):

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

This form reflects the standards and requirements for the Royal Rose Award in the Jurisdiction of Southern California and supersedes all prior versions. Southern California applicants with questions about this award or this form may contact the Southern California DeMolay Director of Sweethearts,

**SOUTHERN CALIFORNIA JURISDICTION ROYAL ROSE
ELIGIBILITY**

Eligibility for the Royal Rose Award is limited to girls between the ages of 14 – 21 years, who have given a minimum of 6 months of service to the Order.

INSTRUCTIONS

The Royal Rose Award is one of self-evaluation. You are given the opportunity to review your own accomplishments in the past as you look forward and plan for the years before you. You should find those qualities that are your strengths and also note those areas in which you need Improvement to achieve a well-rounded personality. This application will ask you to consider six major areas:

Mental Development	Emotional Development
Physical Development	Spiritual Development
Social Development	DeMolay

Take this opportunity to learn about yourself seriously, and plan to take action on what you learn. You may find it helpful to seek the opinions of others, such as advisors, family, and friends as you evaluate your progress in these areas.

You are required to give a Personal Rating in each area (excellent, above average, average, fair, or needs improvement) to receive a Royal Rose Sweetheart Award. Your application will be reviewed not solely on your current level of accomplishment, but also on the thoroughness and honesty of your self-evaluation.

Please Note:

1. The form is downloadable at <http://scjdemolay.org>. Your forms should be typed out or completed in INK. Illegible forms, or forms completed in pencil will be returned. Submit this form using an appropriate format (PDF, Word).
2. Please check your work. Neatness, spelling and grammar are important should generally be complete thoughts and in complete sentences.
3. Please check to see that all required sections are complete and that all signatures are included prior to submission. You should answer all the questions to the best of your ability. Do not leave blanks anywhere on the form. If a question does not apply mark it with "N/A". Incomplete forms will not be evaluated.
4. Additional pages may be attached in necessary.

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Section One: MENTAL DEVELOPMENT

I. EDUCATION. A Royal Rose should be eager for the best possible training in areas that develop vocational skills, emphasize good citizenship, and encourage her to enjoy life.

1. What school are you attending? _____ Year of Graduation? _____

What, are your long-term educational goals?

Current or most recent Grade Point Average (GPA)? _____

List any recognition you have received for academic achievement or outstanding citizenship (Honor Roll, Scholarships, Student of the Month, etc...):

2. **School Participation.** Have you participated in or been a member of activities of a literary, athletic or other school club or society, Junior ROTC, Student Council, etc? List the name of the club and any office(s) you have held:

3. **Non-School Courses.** Have you been engaged in the past twelve months in some organized and directed activity outside school or work, such as music, art, a reading course, dramatics, public speaking, Scouting? YES NO

What, if any, courses have you taken outside of school in the past twelve months? What Diploma, certificate, or honors have you received for such study?

II. GENERAL KNOWLEDGE FROM MEDIA. Receiving knowledge from the media is of great value to all individuals throughout their entire lifetime.

1. Which of the following do you find most interesting? (Check up to five (5)).

_____ Biography	_____ Religion	_____ Sociology
_____ Government	_____ Business Economics	_____ Drama
_____ History	_____ Psychology	_____ Poetry
_____ International Affairs	_____ Philosophy/Ethics	_____ Science

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2. What is your preferred source for news regarding what is happening in your community, state, nation, and world? _____

3. What other sources, if any, do you read regularly (ie. newspapers, magazines, internet news services, etc...?)

4. Do you read for personal enjoyment (not class assigned)? If so, indicate what kind of materials you most often read and how often:

5. List two books you have read for school or for your own pleasure within the last year that you most enjoyed and tell why;

III. NATURE INTEREST A Sweetheart should be aware of her natural environment and conscience of ecology and the need to care for our natural surroundings,

1. What areas of nature/life science particularly interest you? Why?

2. In your opinion, what is your personal responsibility in caring for nature and our environment? How does your behavior reflect your belief?

IV. CAREER. A Sweetheart should be giving careful attention to her present or future Career.

1. In what career(s) are you most interested? Why?:

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2. What have you done to learn about careers and your possible qualifications for them? Include study, related employment or volunteer involvement, or speaking with people about their career.

V. TECHNICAL KNOWLEDGE AND SKILLS. A Sweetheart should have some knowledge of the uses and workings of technology, and how we benefit from them.

Give examples of your ability to use computer technology, such as computer software of which you are familiar, programming or coding you can do, web design or other computer-related activities or involvement.

Describe any technical or mechanical skills you have developed, such as computer assembly and repair, electronics repair, auto work, sewing, trade skills or other craft.

Personal Rating for Section One: MENTAL DEVELOPMENT:

- Excellent Above Average Average Fair Needs Improvement

What do you think is your greatest strength in this area?

How can you improve in this area?

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Section Two: PHYSICAL DEVELOPMENT

I. PHYSICAL ACTIVITIES, A Sweetheart should be interested in physical activities and actively participating in a variety of them to insure physical vigor and vitality. This does not necessarily mean being an athlete in an organized sport.

1. **Work Providing Physical Activity.** Do you have chores at home or does your job require physical activity? Yes No

Describe the activity: _____

2. **Swimming.** Can you swim? Yes No How often do you swim? _____

How would you rate your swimming ability?

NOT VERY STRONG AVERAGE EXCEPTIONALLY STRONG

List any swimming instruction, water safety, life guarding, or similar training.

3. **Outdoor Life and Recreation.** Do you participate regularly in outdoor activities?
 YES NO

Check any of these activities you have participated in. Under remarks, note any of these activities in which you are regularly involved, or have had special training or achievement.

- | | | |
|----------------|-------------------------------|---------------------|
| _____ Archery | _____ Horseback Riding | _____ Trap Shooting |
| _____ Camping | _____ Dance | _____ Sailing |
| _____ Canoeing | _____ Mountain Biking | _____ Skateboarding |
| _____ Cycling | _____ Skating / Rollerblading | _____ Rock Climbing |
| _____ Rowing | _____ Dirt Bike / Off Road | _____ Skiing |
| _____ Fishing | _____ Surfing / Bodyboarding | _____ Running |
| _____ Golf | _____ Gymnastics | _____ Tennis |
| _____ Hiking | _____ Other _____ | |

Remarks: _____

4. **Organized Sports.** Indicate any participation in the following organized sports:

- | | | |
|---------------------------|--------------------------------------|----------------|
| _____ Softball/Baseball | _____ Basketball | _____ Soccer |
| _____ Cheerleading/Dance | _____ Tennis/Badminton | _____ Hockey |
| _____ Gymnastics/Tumbling | _____ Football | _____ LaCrosse |
| _____ Swimming/Water Polo | _____ Volleyball | _____ Fencing |
| _____ Track and Field | _____ Racquetball | _____ Boxing |
| _____ Bowling | _____ Other - Please indicate: _____ | |

5. **Other Exercise.** List any other ways you exercise regularly, such as a personal fitness program, running, walking, weightlifting, etc...:

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Section Three: SOCIAL DEVELOPMENT

I. HOME RELATIONSHIPS. A Sweetheart should have an attitude of thoughtfulness and cooperation in the home and display it in her home relationships.

Do you actively participate in activities with your family? Yes No

What types of activities does your family do on a regular basis?

How would you rate your relationship with your parents?

Amazing Good Strained It's a battlefield

What can you do to improve it? _____

Do you have siblings living at home? Yes No

How would you rate your relationship with them?

Close Tolerant Sibling rivalry, at its finest

Are there other extended family members living in your home? Yes No

What is their relationship to you? _____

II. INTERPERSONAL RELATIONSHIPS. A Sweetheart should be a trustworthy and a loyal friend, and should work at developing meaningful relationships in her life.

1. What would you say are the most important traits of a good friend? Why?

2. How do you try to display those traits in your relationships with others?

III. SELF-EXPRESSION. A Sweetheart should express herself clearly and convincingly in public speech.

1. What have you done to develop this ability in yourself, for example, participation in debates, oratorical contests, chapter discussions, radio broadcasts, proceedings of junior chamber of commerce, student council meetings, or other groups.

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IV. CITIZENSHIP. A public-spirited citizen should be willing to render such public service as in her power.

1. Name two international, national, state or local citizens, female or male, whose recent work (within the last 5 years) entitles them to be called a public-spirited citizen, and state the reasons for your choice after each.

2. Community Involvement. To what public services have you been able to render assistance (e.g. community improvement, cleaning alleys or lots, planting trees, etc...)

V. FINANCIAL RESPONSIBILITY. A citizen should develop skills to handle personal financial matters.

Financial Responsibility. Show that you have established habits of care and responsibility for your financial commitments.

- | | | |
|---|------------------------------|-----------------------------|
| Do you have a job? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Do you receive an allowance? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Do you have any other source of income? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |

Describe your employment, or responsibilities you perform to receive your income/allowance:

Are effective in reaching and maintaining your financial goals?

- | | | |
|---|------------------------------|-----------------------------|
| Do you have a checking account? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have and maintain a savings account? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have credit card that is not your parents account? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Have you created and followed a budget plan? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are you responsible for all or part of your own leisure activities? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Describe how you manage your money or spend the income you receive:

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Personal Rating for Section Three: SOCIAL DEVELOPMENT:

Excellent Above Average Average Fair Needs Improvement

What do you think is your greatest strength in this area?

What is one thing you would like to improve in this area?

Section Four: EMOTIONAL DEVELOPMENT

I. SELF MASTERY. A Sweetheart should demonstrate habits of self-control.

1. You and any advisor from your home chapter/league should complete the following chart to rate your self-mastery skills. Mark the appropriate columns in each category with an X.

Skill Area	Excellent	Above Average	Average	Fair	Needs Improvement
Control of Temper					
Freedom from Profanity					
Accepts Responsibility					
Task Completion					
Courtesy					
Concern for Others					

2. For any areas where you rated below average, explain how you can improve:

Advisor Name

Advisor Signature

II. SELF CONCEPT. A Sweetheart should have a healthy and accurate sense of her own personality.

1. How would you define good self-esteem?

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2. List 3 or 4 things you genuinely like about yourself.

3. List 1 thing you would change about yourself if you could.

4. Name a person, group, or event that has been important in helping you to have a positive sense of your own worth and achievement. In what way has this person/group/event achieved this in your life?

III. COPING SKILLS. A Sweetheart should be equipped to deal with everyday stress and to manage her emotions in healthy ways.

1. List some activities or strategies you can use to deal with feelings of stress.

2. List some ways you deal with feelings of anger or frustration.

3. What makes you most happy in life?

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4. Do you have one or more people to whom you can talk about your life, your concerns, problems, feelings, etc? If so, how are they able to help you?

IV. MENTAL HEALTH AWARENESS. A Sweetheart should have some knowledge of general mental health and wellness issues and resources available in her community.

1. Give an example of what you have learned from school, family, or other sources about depression, anxiety, suicide, addiction, attention deficit disorders, or other mental health concerns.

2. What resources are available in your school or community to assist people with any of these concerns?

3. Give examples of someone to whom a person might talk to about getting help for mental health concerns or other emotional difficulties:

V. RECREATIONAL HABITS. Healthy recreation is a vital part of emotional and mental health. A Sweetheart should take part in a variety of individual and social activities that provide wholesome recreation. Among such activities may be a constructive hobby in which she is genuinely interested.

1. **Personal Entertainment.** What individual or social activities do you do for recreation? About how much time per week do you spend at each? (Average hours)

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2. **Creative Interests/Hobbies.** Describe your involvement in music, art, or other creative activities. Include any creative work you do yourself, in addition any interests in art and the arts. What are your hobbies? What have you done with it (them)? You may attach a photo or other example of your work if desired. _____

Personal Rating for Section Four: EMOTIONAL DEVELOPMENT:

- Excellent Above Average Average Fair Needs Improvement

What do you think is your greatest strength in this area?

What is one thing you would like to do to improve in this area?

Section Five: SPIRITUAL DEVELOPMENT

- I. **RELIGIOUS IDEALS.** A Sweetheart should appreciate the importance of religious ideals and the value of the Holy Places of Worship, both to society in general and as a means of cultivating and expressing religious ideals in her own life.

1. What have you done to help in defining your own religious beliefs?

2. How do you make your religious beliefs a positive influence in your life?

3. What in your opinion is the importance of spirituality and religion in a well-rounded life?

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- Do you attend regular worship services? Yes No
Have you attended religious education classes? Yes No
Do you participate with a faith-based youth group? Yes No

4. Describe, if any, participation in a faith community. Include any activities of a religious nature you may have attended during the past two (2) years (youth conferences, student conferences, retreats, etc...) and any religious activities outside the organized church/faith community in which engaged.

5. Have you ever attended a worship service for a religion other than that of your own religious upbringing? Yes No

If so, which one(s)? _____

6. What, if anything, have you done to learn about and develop a respect for religious traditions other than your own?

Rating for Section Five: SPIRITUAL DEVELOPMENT:

- Excellent Above Average Average Fair Needs Improvement

What do you think is your greatest strength in this area?

What is one thing you would like to do to improve in this area?

Section Six: DeMOLAY ACTIVITY

I. CHAPTER ACTIVITY. A Sweetheart should be reasonably active in the order.

1. It is not necessary in order to be eligible for this distinction, to have held the office of Sweetheart. Some ladies, particularly in large Chapters, have rendered most loyal and helpful service in other ways. No lady will be presented the Royal Rose Award unless the answers show that she may be said to be genuinely interested in the work of the Order and reasonably active in it.

- a. Have you earned your Lamp of Knowledge? Yes NO
- b. How long have you been involved with/supported DeMolay? _____yrs, ___mos
- c. How many Chapter meetings have you attended this year? _____

2. Job's Daughters and Rainbow Involvement.

- a. Do you belong to either organization? Job's Daughters Rainbow
- b. How long have you been an active member? _____

II. JURISDICTIONAL DeMOLAY ACTIVITY.

1. Have you ever attended any Sweetheart Leadership Camp? List year(s) and location(s):

2. Have you ever held a Jurisdictional or Divisional office in another jurisdiction?

List office(s) and Year(s): _____

3. List any other state or Regional DeMolay events you have been involved in or attended:

III. WHAT HAS DeMOLAY DONE FOR YOU? In this section, your reply should provide evidence of what value the Order of DeMolay has been to your personal character development.

1. In your view what is the purpose of DeMolay, and what are you trying to accomplish through your own involvement with DeMolay?

2. Has your involvement with the Order of DeMolay helped you live up to the ideals of good moral conduct? Give an example.

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3. Since becoming involved with DeMolay, do you think you are more likely to assume responsibilities, or more reliable in fulfilling them? Give an example.

4. In what way(s) do you think DeMolay has helped you improve your home life?

5. What is the best thing DeMolay has done for you?

Rating for Section Six: DeMolay Activity:

Excellent Above Average Average Fair Needs Improvement

What do you think is your greatest strength in this area?

What is one thing you would like to do to improve in this area?

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ADDITIONS

List at least two important things you have learned about yourself in completing this evaluation.

Applicants Signature

Date

ADVISOR COMMENTS

Please give any final comments that you feel would aid in the evaluation of this form.

Advisor Signature

Advisor Printed Name

Date

League Sweetheart Director Approval

League Administrator Approval

Signature

Signature

Printed Name

Print Name

Date Reviewed

Date Received